

FITNESS-TRIATHLON 0.75 – 20-5

						schwimmen	rad	2,5 km	5,0 km	Lauf-ges.	gesamt
1	286	Rudolf	Christian	SC DhFK Leipzig	Jugend M	00:11:20	00:00:00	00:00:00	00:00:00	00:00:00	00:53:38
2	279	Voß	Michael	SC Neubrandenburg	Jugend M	00:11:28	00:33:01	00:10:29	00:10:08	00:20:37	01:05:06
1	466	Richter	Jana	LATV Plauen	Jugend W	00:13:33	00:34:22	00:10:57	00:10:07	00:21:04	01:08:59
3	434	Herfurth	Uwe	SV 04 Zwickau	M30	00:15:01	00:32:35	00:12:08	00:10:38	00:22:46	01:10:22
4	292	Grimm	Lars	LATV Plauen	Jugend M	00:16:34	00:32:53	00:10:51	00:10:36	00:21:27	01:10:54
5	276	Seifert	Steffen	SV Sparkasse Zwickau	M35	00:18:29	00:33:18	00:12:14	00:08:43	00:20:57	01:12:44
6	248	Horn	Olaf	Lac Erdgas Chemnitz	M40	00:17:35	00:36:28	00:10:14	00:10:07	00:20:21	01:14:24
7	294	Schumann	Peter	BA Riesa	Jugend M	00:16:07	00:36:16	00:11:30	00:10:42	00:22:12	01:14:35
8	426	Barthel	André	Thierfeld	Jugend M	00:20:08	00:31:41	00:12:23	00:10:45	00:23:08	01:14:57
9	295	Felgner	Robert	Wasserwacht Marienberg	Jugend M	00:15:59	00:36:24	00:11:14	00:11:26	00:22:40	01:15:03
10	495	Berthold	Ronny	ATSV Gebirge Gelobtland	M35	00:21:36	00:32:57	00:11:26	00:10:30	00:21:56	01:16:29
2	1440	Hertel	Jana	Beucha	Jugend W	00:13:30	00:38:53	00:12:55	00:11:42	00:24:37	01:17:00
11	427	Dietzel	Alexander	VFB Lengenfeld	M35	00:18:55	00:36:32	00:11:37	00:10:16	00:21:53	01:17:20
12	424	Schulz	Martin	SV 05 Döbeln	Jugend M	00:14:43	00:39:24	00:12:02	00:12:12	00:24:14	01:18:21
13	430	Michalke	Norbert	Boxclub Markranstädt	M40	00:18:39	00:35:48	00:12:41	00:11:21	00:24:02	01:18:29
14	1420	Otto	Holger	SG Falkenstein	M40	00:14:47	00:39:28	00:13:08	00:11:57	00:25:05	01:19:20
15	223	Füchsel	Tobias	SC DhFK Leipzig	Jugend M	00:15:03	00:41:25	00:12:34	00:12:02	00:24:36	01:21:04
16	288	Heimke	Thomas	KSSV Zwickau	Jugend M	00:18:46	00:38:38	00:12:52	00:11:22	00:24:14	01:21:38
17	494	Hubler	Jörg	TSG Glauchau	M30	00:21:05	00:36:48	00:12:20	00:12:03	00:24:23	01:22:16
18	291	Preiß	Rolf	Sosa	M45	00:20:10	00:37:22	00:13:29	00:11:34	00:25:03	01:22:35
19	497	Makosch	Holger	Marienberg	M35	00:23:04	00:35:37	00:12:25	00:11:34	00:23:59	01:22:40
20	299	Bauer	Christian	SSV Aue-Schneeberg	Jugend M	00:13:38	00:43:50	00:13:13	00:12:19	00:25:32	01:23:00
3	429	Busch	Dagmar	SG Aufbau Chemnitz	W40	00:18:42	00:39:46	00:12:47	00:11:53	00:24:40	01:23:08
21	469	Fischer	Kai	Nachtwerk Zwickau	M35	00:20:20	00:37:20	00:13:42	00:12:31	00:26:13	01:23:53
22	499	Makosch	Jens	ATSV Gebirge Gelobtland	M35	00:25:02	00:37:39	00:11:46	00:10:27	00:22:13	01:24:54
23	261	Schlosser	Alexander	Dresden	Jugend M	00:18:50	00:42:14	00:14:06	00:11:29	00:25:35	01:26:39
4	275	Seeliger	Inka	LG Aue	Jugend W	00:16:02	00:42:22	00:14:20	00:14:16	00:28:36	01:27:00
5	227	Gerstenberg	Mary	Kirchberg	Jugend W	00:18:50	00:41:38	00:14:08	00:12:59	00:27:07	01:27:35
24	422	Berghänel	Christian	Rennsteiglauf-Verein	M45	00:23:14	00:40:21	00:13:49	00:12:24	00:26:13	01:29:48
25	290	Börner	Enrico	Lengefeld	M30	00:20:04	00:39:54	00:15:56	00:14:54	00:30:50	01:30:48
26	1430	Matthes	Andreas	Pockau	Jugend M	00:22:59	00:40:16	00:15:02	00:14:25	00:29:27	01:32:42
27	468	Götz	Bernhard	Nachtwerk Zwickau	M40	00:26:23	00:39:21	00:14:47	00:12:38	00:27:25	01:33:09
6	229	Göbel	Franziska	SuL Lößnitz	Jugend W	00:21:19	00:44:12	00:14:18	00:13:41	00:27:59	01:33:30
28	239	Grindu	Christian	Bayreuth	Jugend M	00:25:43	00:40:34	00:14:53	00:13:01	00:27:54	01:34:11
7	1423	Anders	Christiane	Wasserwacht Eibenstock	W35	00:19:49	00:48:07	00:14:13	00:12:47	00:27:00	01:34:56
29	399	Ginzel	Steffen	Plauen	M35	00:23:43	00:43:13	00:15:17	00:13:19	00:28:36	01:35:32
30	1445	Galetzka	Christian	Schwarzenberg	M45	00:25:40	00:43:07	00:14:00	00:13:14	00:27:14	01:36:01
31	287	Jakob	Marko	Team Gesunde Ernährung	M40	00:24:47	00:46:30	00:13:49	00:12:20	00:26:09	01:37:26
8	208	Ebel	Constanze	Zwickau	W30	00:22:46	00:00:00	00:00:00	00:00:00	00:00:00	01:37:50
32	431	Schütze	Roger	Fels in der Brandung	M40	00:21:59	00:43:50	00:17:59	00:15:06	00:33:05	01:38:54
9	250	Nowak	Stefanie	Leipziger Triathlon e.V.	Jugend W	00:22:20	13:33:19	00:00:00	00:00:00	00:00:00	01:39:55
33	490	Doms	Pascal	Nachtwerk Zwickau	Jugend M	00:27:18	00:44:24	00:16:14	00:14:33	00:30:47	01:42:29

	10	265	Schönberg	Conny	Neukirchen	Jugend W	00:22:53	00:49:51	00:15:28	00:15:13	00:30:41	01:43:25
34		272	Schubert	Bernd	Chemnitz	M60	00:25:10	00:43:32	00:17:20	00:17:28	00:34:48	01:43:30
	11	289	Ahnert	Diana	Talschock Runners Chemnitz	Jugend W	00:24:22	00:50:16	00:15:33	00:15:21	00:30:54	01:45:32
	12	433	May	Susann	Marienberg	Jugend W	00:25:55	00:50:43	00:17:04	00:17:07	00:34:11	01:50:49

Bitte schreibt mir ein paar Zeilen in mein Gästebuch auf www.sport-concepte.de !!!

Was hat Euch gefallen und was sollte besser werden?